

## LIST OF FAMILY RESOURCES IN GARFIELD COUNTY

### **Medical**

Primary Care Physicians – Grand River Medical – 625-1100

Pediatrician – Castle Valley Children’s Clinic – (970) 984-3333

### **Health Assistance - No insurance or low income**

Garfield County Public Health – (970)945-6614

Mountain Family Health Centers (970)945-2840 - *Medical, Dental, Mental/Behavioral*

Peak – Health coverage, food and nutrition, child care, employment, cash, and more  
Colorado.gov/Peak or for personal assistance – Department of Human Services (970)945-9191 or stop  
by in person – 195 W. 14<sup>th</sup> St., Rifle, CO

Lions Club – Free Vision Screening – Norma Miller (970)665-9088

### **Child Development**

Colorado Bright Beginnings – Resources for newborns. [Childrencolorado.org](http://Childrencolorado.org)

Family Visitor Programs – (970)945-1234

Developmental Stages – CDE – [www.cde.state.co.us/early](http://www.cde.state.co.us/early)

Mountain Valley Developmental Services – Help for children with developmental delays (970)945-2306

Child Find – Identifying and evaluating children with suspected developmental delays, hearing, and  
speech (970)319-7644

CST – Community Support Team – Services for children experiencing social-emotional challenges  
(970)945-9191 ext. 3065

### **Child Care Assistance**

The Colorado Child Care Assistance Program – DHS – (970)625-5282 Ext. 3251